Cheaning CHECKLIST



DATE:

Nº	ACTIVITIES	Ø
1	Dust all surfaces including shelves, furniture	
2	Clean mirrors and glass surfaces using a glass cleaner	
3	Vacuum carpets and area rugs	
4	Sweep and mop hard floors	
5	Clean and disinfect toilets, sinks, and showers	
6	Scrub and disinfect kitchen countertops and sinks	
7	Clean the kitchen appliances such as the stove, oven, fridge	
8	Wipe down cabinets and drawers in the kitchen, bathroom	
9	Clean and disinfect light switches, doorknobs	
10	Wash and change bed linens	
11	Dust blinds and window sills	
12	Clean windows inside and out	
13	Clean and disinfect garbage cans	
14	Vacuum furniture and upholstery	
15	Clean and disinfect pet areas	
16	Wipe down baseboards and molding	
17	Dust ceiling fans and light fixtures	
18	Clean and disinfect computer keyboards and screens	
19	Organize and declutter living spaces	
20	Sweep and tidy outdoor areas such as porches and patios	





DATE:

N₂	ACTIVITIES	Ø
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SIMPLE FALL CLEANING LIST

Kitchen:

- Deep clean fridge
- Clean all the surfaces
- Clean trash bin
- Clean pantry out
- Deep clean the oven
- Sweep and mop the floor
- Replace expired items

General House:

- Clean garage
- Clean gutters
- Clean all windows
- Clean upholstery
- Deep clean floors
- Wash the curtains/blinds
- Check smoke detectors and carbon monoxide

Bathrooms:

- Deep clean tile, toilet + tub
- Check grout
- Deep clean shower head
- Replenish toiletries
- Organize medicine cabinet
- Clean shower curtain + liner

Bedrooms:

- Rotate mattress
- Dust everything
- Wash linens + curtains
- Arrange closet for winter
- Wash throw pillows
- Clean all the surfaces

cleaning checklist

Kitchen & Dining

Wipe counters & cabinet doors
Clean backsplash
Shine appliances & sink

Clean hood-range

Clean microwave inside/out

Dust on top of fridge & light

☐ fixtures

Clean table & chairs

Furniture felts

Dust & spot clean glass

Empty & replace garbage

Vacuum & Mop

Ensuite

Clean counters, sink &

cabinets

Clean Mirror & light bar

Polish fixtures

Clean toilet inside & out

Clean shower and/or bathtub

Straighten or replace towels

Check exhaust fan

Clean walls & baseboards

Empty & replace garbage

Main Bathroom

☐ Clean counters, sink & cabinets

Clean Mirror & light bar

Polish fixtures

☐ Clean toilet inside & out

Clean shower and/or bathtub

Straighten or replace towels

☐ Check exhaust fan

Clean walls & baseboards

Empty & replace garbage

Half Bathroom

Clean counters, sink &

= cabinets

Clean Mirror & light bar

Polish fixtures

Clean toilet inside & out

☐ Straighten or replace towels

Check exhaust fan

Clean walls & baseboards

Empty & replace garbage

Staircase & Hallways	Family Room
Railing & bannister	Dust & disinfect
Vacuum/wash stairs	Tidy
Tidy shoes	☐ Vacuum couches
Vacuum mats	Vacuum & mop
Bedroom One	Laundry Room
	Dust & disinfect
Dust & disinfect	Clean washer & dryer
Tidy Make bed	Tidy
	☐ Empty & replace garbage
Vacuum & mop	Vacuum & mop
Bedroom Two	Master Bedroom
Dust & disinfect	☐ Dust & disinfect
Tidy	Tidy
Make bed	Make bed
Vacuum & mop	Vacuum & mop
thank-you	N
Market	
Notes:	
Notes:	
Notes:	